



Help for the Masai

“There is a time for everything.” This saying by King Solomon is well known. Spring, in particular, teaches us this lesson: Plants need time to grow, bloom, and bear fruit. Even if we try, we cannot speed up this process. We humans, too, need time to go through the different stages of life: We learn to speak, walk, read, and so much more. That, too, cannot be rushed. **There are difficult times and wonderful times!** And waiting can sometimes be very hard. Here's a tip from Paul in Philippians 4: “(...) I have learned to be content in whatever circumstances I find myself: whether well-fed or hungry, whether living in plenty or in want. I can do all things through Him who strengthens me.” In Tanzania, too, we go through various phases and times, which we'll share about on the following pages.

“There is a time for everything!”

Ecclesiastes 3,1a

NEWSLETTER A 69
MARCH 2026



... THERE IS A TIME FOR LEARNING...

SARAH FRYKOWSKI - FINANCES

In Tanzania, the school year begins in January. The children spent their vacation with their families. However, since the short rainy season (November) was almost entirely absent, many families in Malambo did not have enough to eat. Naturally, these families cannot afford the additional expense of school supplies.

As early as the end of 2025, we were able to invite a medical team from Tanzania and South Korea to Malambo. Over two days, they examined and treated around 900 patients, including specialists (ENT, pain management...).

In the process, they found that many children (especially those from the village) were already suffering from malnutrition. It was therefore clear to us that we wanted to help as many starving families as possible. Since this, of course, cannot be covered by the sponsorship program, we rely on special donations for such situations. We distributed food donations to the community, and thanks to a generous fundraising campaign by "Mission Aviation Fellowship (MAF*)", we were able to launch a larger-scale initiative. MAF also helped us transport the medical team to Malambo so they could carry out their two-day mission as effectively as possible.

This allowed us to accomplish even more at the start of the school year—in addition to our regular aid efforts. In addition to uniforms and new school T-shirts, all the children received a comprehensive health check-up and medical treatment. We were also able to distribute nutritious food (peanut butter to be mixed into school meals, fruit, vegetables, and much more) (see photo top left). And we will be able to continue doing so in the coming months.

We were also able to give every child a children's Bible (see cover photo). They can read these at home with their siblings and friends. We are very grateful for the excellent collaboration with MAF.

As described in the cover letter, our biggest challenge is supporting young adults beyond their graduation from school. This is because the costs are usually much higher than what is covered by the sponsorships. That is why we launched the "Education Is the Future" Fund a few years ago, through which we have already been able to help many young people fulfill their lifelong dreams. We thank everyone who supports us in so many different ways!

*MAF is a Christian humanitarian air service that operates worldwide, including in Tanzania. They also strongly support our work and assist with evangelism missions and mobile clinics in the mountainous regions around Malambo. Learn more at: <https://maf-uk.org/>



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... THERE IS A TIME FOR RUNNING ...

ANNE-SOPHIE WOHLBERG - MEDIA TEAM

...and they had one month to do so. As a joint initiative by HftM Tanzania, the German association, and the Friends Network, friends, staff, and schoolchildren attempted in January 2026 to run the distance separating the two HftM offices: **9,460 kilometers** lie between the offices in Ascheberg and Arusha. This distance symbolizes one of the greatest challenges in our daily lives: working toward a common goal across such a vast distance. It's incredible that we've managed to do this for so long and that the project began back when there were no Zoom calls, only radio calls. **We thank you for every step, every motivational message, and every kilometer run in January 2026!** We didn't quite meet the challenge this year—but with 77 participants and 7,823 km, we've come a long way toward our goal. We'd be happy to take on the challenge again in 2027—maybe this time without a wave of illness and two weeks of icy roads!



... THERE IS A TIME FOR WRITING LETTERS ...

DAPHNE WAITE & AGNESS KIVELU- SCHOOL PROGRAM TANZANIA

This year, too, the approximately 1,000 children in our school program are writing a personal letter to each sponsor. These letters will arrive in Germany this summer. Because it's a lot of work, we've been preparing everything for weeks now. The Tanzanian school program team is involved, along with social workers, teachers, and German volunteers, in coordination with the German association. Writing the letters brings so much joy to the children's hearts. It's an opportunity for them to share their feelings, gratitude, wishes, stories, and achievements with their sponsors. It's a chance for the children to test their skills and be creative—through drawing or writing. It's a lot of work, but we and the other staff members enjoy doing it with the children. It means a great deal to us.

BECOME A SPONSOR!

Would you like to receive a nice letter from Tanzania too? Get in touch at: buero@massai.org.

... THERE IS A TIME FOR PICTURES ...



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...THERE IS A TIME FOR RAIN...

PAULO EMMANUEL - MANAGER MALAMBO
DIRK FRYKOWSKI - TECHNICAL MANAGER

Like many other villages in the Ngorongoro District, the village of Malambo faces major difficulties during the rainy season: roads are flooded and destroyed, and rivers are impassable. This has a significant impact on the population: mobile clinic visits could not be carried out, patient transfers to the nearest hospital are impossible, and food deliveries have been canceled. Students cannot get to school, and sheep, goats, and cows are swept away by the floods. While attempting to cross the Sanjan River near Malambo, a car belonging to someone from the village overturned—six people died.

In our last newsletter, we wrote about our situation and the need for our cars. **Many of you have donated to help cover our car expenses, and we want to say a heartfelt thank you for that!!!!** Especially given the current weather conditions, this helps us a great deal and is even a lifesaver!

THANK YOU

Thank you for taking the time to read our newsletter. We wish everyone a blessed Easter and the assurance that we can learn to navigate both good times and difficult times, because the One who is with us gives us strength. For: He is risen!

The entire team at Help for the Massai in Germany and Tanzania

DONATE NOW



Paypal

info@massai.org



donation account

Hilfe für die Massai e. V.
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PRAYER REQUESTS

THANKS

- rain
- generous donations, thanks to which we have already been able to achieve so much and help so many people
- every step of our Challenge9460

PETITION

- Health (especially Angelika and Erwin)
- new Missionaries and colleagues for the team in Tanzania

HOW CAN YOU HELP?

Your donation goes a short way—straight from you to the project. We are grateful for all donations and, above all, for your prayers—that makes the journey even shorter!

Contact

Hilfe für die Massai e.V.
Plöner Chaussee 47
24326 Ascheberg
Germany

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